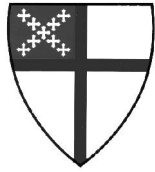


THE EPISCOPAL CHURCH OF THE GOOD SHEPHERD

THE CALL



MAY 2013

MESSAGE FROM THE PRIEST

Living the Love of God: What does that mean?

The other day my wife shared with me that one of her superiors can be difficult to work with. She often pushes the blame for the rough places of life onto others, rightly nor not, and her manner can be abrasive enough that people give in to her intimidations. After one of these altercations my lovely wife, in all her graciousness, took her cookies.

Living the love of God means knowing that as God created us out of love, out of that same love God created everyone else. The people that populate our lives are carriers of that great and life-giving love of God. They walk around like springs of that love, pouring forth their own persons into the mix that is your world and mine. Knowing that changes how we see people. They become interesting. They become sources of expectation. They become focusses for our own loving action.

Sometimes it is easier to see that love than others, but living the love of God means knowing that God's love is there, even when it is not apparent. Sometimes it means pushing beyond the crust that can form on the surface and reaching out to that love, knowing that we, too, can get crusty and hide the love that is at the heart of our own hearts as well. Sometimes it means absorbing the hurts slung at us (dying) so that we can be in relationship with someone (rising to life again.)

Next month: What else might it mean?

Paul+

EUCCHARISTIC VISITOR TRAINING

Eucharistic Visitors extend the fellowship of our Altar to shut-ins on Sundays after services. We are holding a training event for those who will be involved in this ministry on June 2nd after the late service. If you are interested please speak with Mary Harrell or Fr. Paul, and plan on attending the training.

A MESSAGE FROM THE SENIOR WARDEN

Many years ago as I was leaving the hospital, an employee said to me, "Dr. Bell do you remember what happened five years ago today." I didn't remember. He said you told me to quit drinking and I did. Then I did remember, but it wasn't quite that simple. He indicated a desire to stop drinking. I cancelled the rest of my patients for the day and spent the entire day with him and his wife before referring them to appropriate counselors.

I have not always been so appropriately compassionate. When I was an internal medicine resident a lady approached me frantically, with a concern about her husband's alcoholic problems. I brushed her aside, and told her to return later because I was too busy at the moment. The "later" never happened. A few nights subsequently, I was working the emergency room and a patient arrived dead on arrival. I saw the patient and it was the lady I had brushed aside. She died from a drug overdose.

Sometimes, we need to proceed with caution, and sometimes we need to seize the opportunity and intercede with haste. When we are frustrated and hurried, that is the time we need to take a few moments "time out" to ask God's help. Christ can do great things through us and through our church. He already does so much for us, but he can do so much more if we seize the opportunities given us and appropriately act on them through love and in His name.

John Bell

COLUMBARIUM EXPANSION

To apply for a reserved niche in the new columbarium, please contact Kathy Strange 538-3310, Bruce Tolhurst 388-8047, or the Church 538-2015. The Columbarium expansions have been ordered and should be ready for inurnment in six months. The cost of a columbarium niche is \$500.

PARISH HEALTH CORNER

This article is for information only and is not intended to replace evaluation, diagnosis, and treatment by your health care professional.

Go Green — Save Green (adapted from USAA)

We frequently hear about conserving energy and going green. Not only does this help conserve the resources God has provided for us, but it adds money to your pocket!

1. The Long Commute

The long slog to the office contributes to poor air quality. But electric cars aren't the only solution.

Carpooling and teleworking are on the rise, with more and more companies encouraging ride-sharing and examining the benefits of work-from-home programs. The Spring 2012 Telework Week, sponsored by the Telework ExchangeSM, showed that if all eligible federal employees teleworked two days a week for a year, they would save **\$5 billion** in commuting costs. The Exchange estimates that 12,527 trees would need to be planted to equal the environmental impact of those emissions in just that one Telework Week.

If the national average price of gas remains around \$3.30 (dream on), pumping five fewer gallons of gas every week for a year **could save you \$858**. Driving less also means less wear and tear on your vehicle, and it may help you earn a low-mileage discount on auto insurance.

Potential cost savings: \$858

2. Pull the Plug

For 2012, the estimated energy costs for the average U.S. household was about \$2,175, according to the Alliance to Save Energy. To reduce that cost, consider:

- Using smart strips. Many electronics in your home use standby power — even when turned off. In fact, an estimated **5% to 10% of residential electricity** use in most developed countries comes from standby power, says the Lawrence Berkeley National Laboratory. To stop this seeping energy, Rick Rothhaar of the nonprofit Conservation Consultants Inc. recommends smart power strips (\$30 to \$40), which automatically cut power altogether when electronics aren't in use.
- Installing a CFL instead of an incandescent bulb. "It costs a little more but will pay for itself in **fewer than 60 days**, and thereafter it's saving you money," Rothhaar says.
- Looking for the ENERGY STAR® label. When replacing or buying appliances and electronics, consider ENERGY STAR® products to help reduce your electricity costs.

Potential cost savings: \$40 over the lifetime of one CFL bulb compared to an incandescent bulb; up to 30% in related electricity bills for ENERGY STAR® appliances, according to energystar.gov.

3. Bank Electronically

Consumers migrating to mobile banking apps and online banking techniques can enjoy the convenience of:

- almost instant access to account balances
- direct deposit of paychecks
- e-document delivery of statements, bills and receipts
- automatic bill-paying services without fooling with stamps, envelopes and checks

And online banking has gone mainstream. A recent study by Javelin Strategy & Research found that 34% of respondents in 2011 received their bill statements online only — no paper formats through the mail. That's a big jump from the roughly 25% online-only bills reported in 2009. The Electronic Payments Association estimates you'll save around \$100 annually on postage alone by paying bills online. For more reasons to bank online, visit payitgreen.org.

Potential cost savings: Around \$100 annually on postage

4. Do an Eco-Home Makeover

Home energy use produces twice as much pollution as a single car in one year, according to the Environmental Services Department for the city of San Diego. But an upfront investment can mean big savings.

- Weatherize your home. Just sealing ducts, caulking windows or fixing weather stripping can make heating and air-conditioning systems run more efficiently. "Air sealing your home is usually the most cost-effective thing you can do," says Rothhaar, whose organization conducts about 5,000 home and building audits each year. He says that completely weatherizing your home — which could mean a new furnace for some homeowners and just caulking windows for others — can possibly mean a 20% to 30% annual savings in energy bills.
- Install a low-flow, 2.5 gallon-per-minute shower head. This could save water and as much as \$145 per year on electricity, according to ENERGY STAR®.
- Use a programmable thermostat. ENERGY STAR® estimates this device could save you **up to \$180 per year**.
- Wrap an older water heater in an insulating jacket. This helps prevent heat loss and could save \$30 per year, according to ENERGY STAR®.

Potential cost savings: An estimated 20% to 30% annually for weatherizing; \$355 in featured ENERGY STAR® tips

5. Tap the tap

When it comes to beverages, drinking bottled water can cost you — and the environment. According to the Center for a New American Dream, **drinking one 16-ounce bottle of water a day for a year means you're spending \$546.77 more** than you would by drinking the same amount of water from a tap. Worried about chemicals? Get a filter pitcher or faucet-mount filter. And don't overlook the negative effect of 365 plastic bottles on the environment. According to Corporate Accountability International, making enough plastic bottles for water sold in the U.S. generates about 2.5 tons of carbon dioxide a year.

Potential cost savings: \$546.77

Chamber Singers to present concert

The Community Chamber Singers will a concert at Good Shepherd on Sunday, May 5th , 2013 at 3 pm. Songs selected include works by: Dake, Burton & Lane, Morricone, Chatman, Peloquin, Dowland, Parry, & PDQ Bach. Soloists will be: Sherry Terrazas, Cherry Lundsford, Tom Morrish, John Brinker, & Doug Medin. Chamber singer members from Good Shepherd are: Mick & Carol Coon, Win Taylor, Mary Hagglof, Ted Presler, Linda Richter, Paul Sherrell, & Sherry Terrazas. Accompaniment will be provided by Patricia Prewit. The Chamber Singers are directed by Mick Coon.



AFTER SCHOOL PROGRAM

End of the year already? Can you believe it....

So this is our last ASP of the 2012-2103 school year! We had a great time on April 24th and look forward to a fun program on May 8th. For our last ASP we will going to Gough Park for a picnic....Play games, eat Pizza – All are welcome! We are always looking for more Dinner Mom's and Dad's....it's a 45 minute commitment that will impact your life and the lives of others. Consider joining us next year for this wonderful new addition to our program! As always, we welcome new ideas to this growing Outreach Program. Have a special interest, hobby, or just want to hang out and get in on the fun – please join us....

Dear Good Shepherd Family,

These 12 people are going on the mission to Honduras this year. We offer this list to you for your prayers.

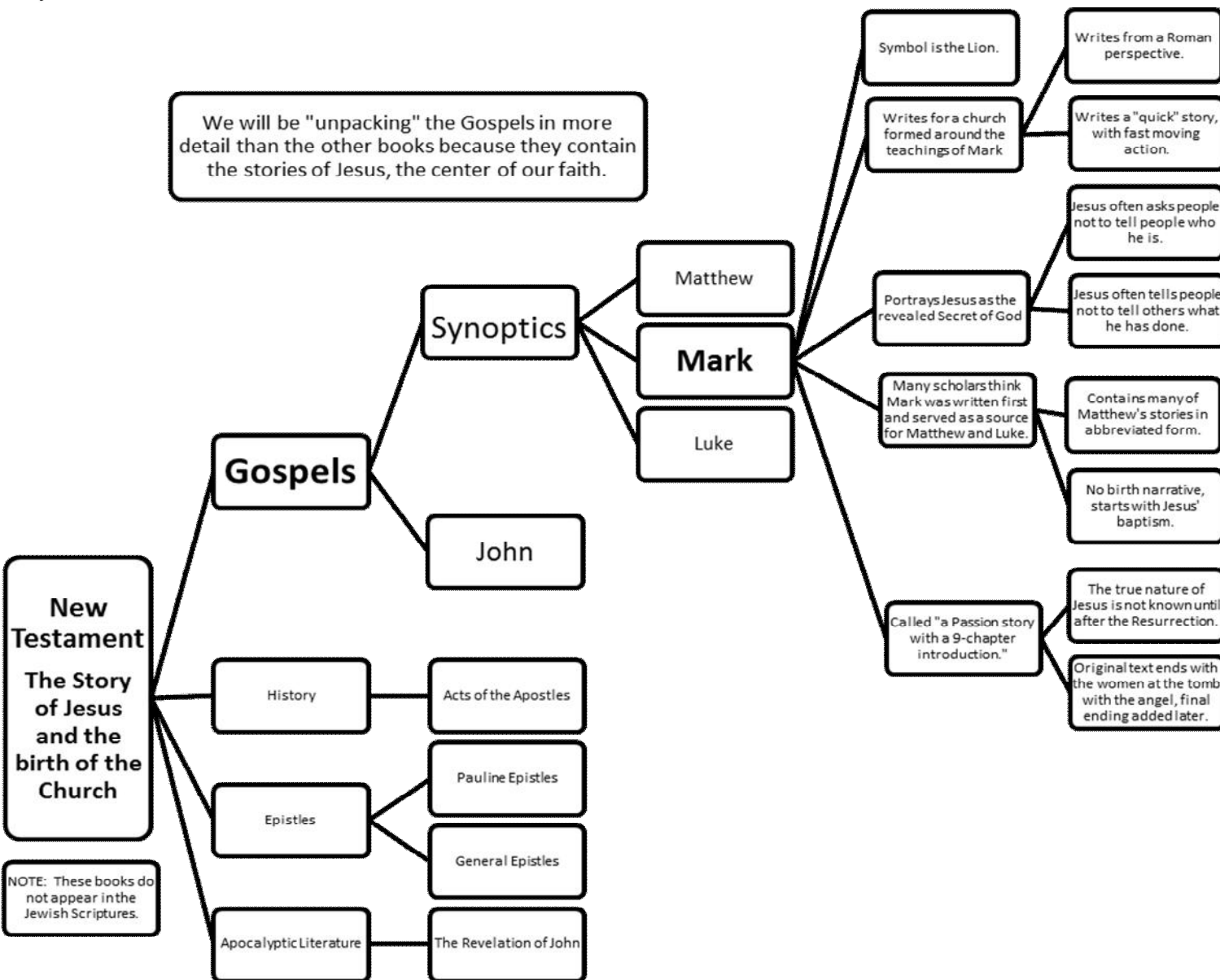
- | | | |
|----------------|--------------------|-------------------|
| 1. Fr. Paul | 5. Dora Somerville | 9. Asa Barnes |
| 2. Sara Boyett | 6. John Bell | 10. Jean Barnes |
| 3. Tony Guck | 7. Rev. Tom Bates | 11. Mike Bell |
| 4. Josiah Guck | 8. Jane Bates | 12. Judith Tucker |

We also ask, if the Lord so moves you to help, that you think about an extra offering to help defray costs. The whole team of 65 people will leave from Houston, so we have some extra travel expenses getting to Houston and back. If you would like to help please make checks out to the Rector's Discretionary Fund.

Thank you, Your Honduras Team



The Bible for Dummies...the Organization of the Bible in graphic form, coming to you in monthly installments in the Evangel...



MAY LAY READER AND ACOLYTE SCHEDULE

DATE	LAY MINISTERS	GREETERS	ACOLYTES	SUNDAY SCHOOL/ NURSERY
MAY 5 8:00 AM 10:30 AM	Karisse Moore Pat Brown Joe Pidutti	Dora Somerville Dora Somerville	Linda Shay Linda Richter Win Taylor	9:15 AM Adult Kerygma Class 10:30 Youth Sunday School Nursery: Heather McClaren
MAY 12 8:00 AM 10:30 AM	Linda Shay Carol Coon Lector: Paul Sherrell Win Taylor	Mitzi Roberts Marianne Bray	Sarah Guck – Team Leader Tobias Guck Autumn Laws	9:15 AM Adult Kerygma Class 10:30 Youth Sunday School Nursery: Carol Barrington
MAY 19 8:00 AM 10:30 AM	Karisse Moore Linda Shay Lector: Ted Presler Mary Harrell	Dave & Pam Kuthe Dick & June Rhoades	Linda Shay Carol Coon Linda Richter	9:15 AM Adult Kerygma Class 10:30 Youth Sunday School Nursery: Karisse Moore
MAY 26 8:00 AM 10:30 AM	Linda Shay Jane Bates Mary Ihlefeld	Barry Rimmel Margo Rimmel	Carol Coon Win Taylor Linda Shay	9:15 AM Adult Kerygma Class 10:30 Youth Sunday School Nursery: Holly Peterson
JUNE 2 8:00 AM 10:30 AM	Karisse Moore Pat Brown Joe Pidutti	Dora Somerville Dora Somerville	Sarah Guck-Team Leader Kate Boyce-Crucifer Tobias Guck Autumn Laws	9:15 AM Adult Kerygma Class 10:30 Youth Sunday School Nursery: Heather McClaren

Lay Readers, please note: the reader listed first will read the first lesson

CHRISTIAN FORMATION MAY 2013

PREPARE for Pentecost...

As Christians, our life journey is a one of formation. We want to ensure that our journey is Christ-driven and leading to our continued formation as a Christian people. Our tools for formation are worship, prayer, and the study of God's Word and will for our lives. This becomes a journey of Christian Formation as we strive to be transformed into the people that Christ wants us to become.

1. ADULT AND CHILDREN'S SUNDAY SCHOOL

It is time to look towards summer and some changes in Christian Formation.

NEW Adult Bible study: Based on input from the survey a number of parishioners completed on two Sundays in March, we are ready to launch a new adult class:

Topic: "Listening for the Heartbeat of God"

When: **Tuesdays starting May 14th**

Time: **2 p.m.**

Where: Henderson Hall

Leader: Fr. Paul

This study is based on the book by Henri Nouwen, "Listening for the Heartbeat of God". It will look at the Celtic approach to spirituality.

On Sundays:

A. Deacon Tom's Kerygma class will continue to meet during the summer. If you are interested in learning more about the Bible, this would be a good chance to join the class and spend summer Sunday mornings in study with others from our Parish. This class meets from 9:15 to 9:45 a.m.

B. The Children's Sunday School program will continue for the month of May. **There will NOT be Children's Sunday School during the summer months: June, July, and August.**

2. NURSERY

Nursery is offered during the second service for any child not able to sit through the service. June will be a vacation month for our volunteer Nursery workers. They need a well-desired time-off! **During the month of June, we will not have any workers in the Nursery.** Parents are free to use this space during the services.



HAPPY ANNIVERSARY May



- 7 Ned & Erin Hall
- 8 Ron & Cheryl Oglesby
- 21 Richard & Holly Peterson
- 23 Glenn & Nita Dibble
- 26 Joe & Patricia Neal

HAPPY BIRTHDAY May

- | | | |
|----|----|----------------|
| | 25 | Evelyn Yates |
| | 28 | Nancy Pidutti |
| | 29 | Maxine Bolles |
| 1 | 30 | Susie Trujillo |
| 11 | 31 | Bob Fuller |
| 13 | | |
| 17 | | |

