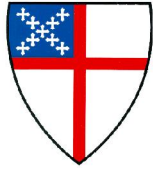


THE EPISCOPAL CHURCH OF THE GOOD SHEPHERD

THE CALL



MARCH 2014

MESSAGE FROM THE PRIEST

“Living the Love of God”

John 3:16 says, “For God so loved the world that he gave his only son that whoever believes in him should not perish but have eternal life.” Jesus said in John 15:13, “Greater love has no man than this: to lay down his life for his friends.” I John 4:10 says, “This is love, not that we loved God, but that he loved us and sent his son as an atoning sacrifice for our sins.” It is quite clear that Jesus died on the cross because God loves us. Jesus died for love.

During Lent we will be taking a look at the cross, that symbol of God’s self-giving love for our reconciliation. A rough wooden cross will be set up in the Nave along with small nails and a small hammer. During Lent you are invited to write things on pieces of paper that you would like to nail to the cross. Fold them up and tack them to the wooden cross. No one will read them. Then, at the Great Vigil of Easter we will use those pieces of paper to start the Holy Fire, as a symbol of God’s forgiveness and redemption of our sinfulness.

What would your life be if you fully grasped God’s unconditional and infinite love for you? What might be blocking that full knowledge; what might be inhibiting the flow of that transforming grace? It probably has something to do with things in your life that block the flow of that love out from you to other people. How might you be stopping the flow of the grace of God’s love into the world?

It might be that one of these things is what you need to give up for Lent.

Next month: What else might it mean?

Paul+

LENTEN RETREAT – SATURDAY MARCH 22

In order to experience a glorious Easter, we must first practice a meaningful Lent. We are planning a Lenten Retreat to happen on Saturday, March 22nd from 10:00am to 2:00pm, led by Shirin McArthur. We will provide a simple lunch at noon. A sign up sheet will remain in the parish hall, where the retreat will be held. Please sign up to attend . You will be glad you did.

VOLUNTEERS NEEDED

Cherie Salmon, our church secretary, has been the Bazaar/Garage Sale Chair for 10 years and has decided that is long enough. She has done a tremendous organizing job on both events and always does the work of three people. Please take a moment to thank her for her service the next time you see her.

The three people who will attempt to take her place this year are Jill Olson, Linda Shay and Carol Barrington – none of whom want to be Chair – but who will work together to keep it all going. We are looking for cheerful volunteers to join us in the church garage a couple of times a month. It is a great way to get to know people if you are new or newly-retired and looking for a way to give of your time to a worthwhile cause.

The garage sales are on the first Saturday morning of the month, preceded by a work day on the Friday before the sale. There are 8 – 10 of them a year, depending on weather, availability of workers and donations and other events in town. These sales are an offshoot of the Bazaar and are now an integral part of that event. Fridays are the sorting days and the better items are selected and stored for the bazaar, while the rest are sold at the garage sales.

The garage sales are truly a win-win for everyone concerned. Those who need to divest themselves of items no longer needed are able to donate; those who need those items can purchase them at very little cost. It is the purest form of re-cycling around and requires no energy to process – except, of course, the energy of the workers. Money is raised for various good works – in the church, in the community, in the world.

Come me join us; it’s good work for good causes and we have FUN. Please notify Jill, Linda or Carol if you would like to be a part of this effort.

FROM YOUR PRIEST'S WARDEN

Dear Fellow Parish members:

The vestry of 2014 had its first meeting February 11, 2014.

The members are as follows:

The Rev. Paul Moore, Rector
The Rev. Tom Bates, Deacon
The Rev. Sarah Guck, Youth and Family Minister
Betty Himes, Treasurer
John Bell, Rector's Warden
Paul Sherrell, People's Warden
Win Taylor, Vestry Clerk
Carol Barrington, Hospitality Chair
Mary Ihlefeld, Worship Chair
Dennis Much, Health and Spirituality chair
Jennifer Melon, Evangelism Chair
Kathy Strange, Memorials and Columbarium Chair
Dave Kuthe, Special Projects Liaison

A strategic planning retreat will be held later to evaluate what we have accomplished and what we hope to accomplish in the upcoming year.

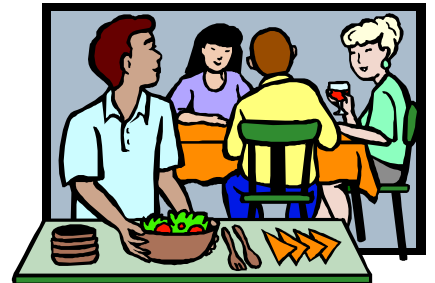
The success of the Church Of The Good Shepherd depends on the faithful services of all the people. Everyone is important. Some of us are vocal, some are quiet, some are recognized, and some are not, but all of you are important in accomplishing God's work. Too often we, as humans, judge our neighbors by their pasts. God loves us for what He knows we can become and forgives us.

God, we pray that You help us to be more like You and love each other unconditionally. We pray for our church. We pray that the vestry will provide Christian leadership in 2014.

Respectfully, John Bell

[Sharing the Faith Dinner](#)

March 30th Please mark this date on your calendar. This will be a fifth Sunday. In place of a potluck, we will be having the Faith Dinner starting at 11:30 a.m. It is a catered event so that all may come and enjoy the dinner with sharing and fellowship to follow. These "Sharing the Faith" dinners are a chance for us to share our faith stories, to explore faith questions that face the Church today, to strengthen our relationships within the Church and to support ministry within the Church and to our community. We hope that this dinner will be a kick-off to monthly small group dinners within the Parish.



FR. PAUL'S DISCRETIONARY FUND

Please be aware that this fund is a separate checking account so that Fr. Paul can write checks directly to those in need. Please write a separate check when giving to this fund and make it out to "Discretionary Fund". This is different from the "Designated Funds" account. "Designated" giving should ALSO be a separate check from your usual pledge, and you need to say which designated fund you are giving to on the comment line of your check.

Church Scholarship Applications Available

Scholarship applications are now available at the office. Please let your friends know about the scholarships. Church membership is NOT a requirement to receive our scholarships. Applications are available between 9:00 and noon, Monday through Thursday at the office, or e-mail the church and ask for an application via e-mail. Deadline for applications (and accompanying references) is April 1st.



Good Shepherd has \$3000 to award each year thanks to a memorial scholarship set up in the name of Katharine E. Muma, a long-time area teacher and Good Shepherd member; and a scholarship funded by a generous donation from Helen and Frank Griswold.

HEALTH AND SPIRITUALITY CORNER

Simple Tricks to Remember Everyday Things

Learn how to remember names, groceries and more with proven memorization techniques
by Lisa Davis, [AARP](#), July 10, 2013

Forgetful?

Can't find your keys? Misplaced your wallet? Blanked on your new neighbor's name? When we fail to pay close attention, the memories we create are weak and we sometimes have difficulty retrieving them later. So how can you eliminate or greatly reduce such occurrences? Try these seven strategies.

1. Remember Names

Look, snap and connect, suggests psychiatrist Gary Small, M.D., director of the University of California, Los Angeles Longevity Center. When you meet someone, really look at her and listen to her name — too often, we don't pay attention. Now make a mental picture (snap!) of her name and face, and mentally connect them: That's Sandy, lying on a sandy beach. Just met a Mr. Paulson? Picture him shaking hands with Paul McCartney and his son. Our brains are hardwired to remember visual images, Small says. Another tip: Use your new acquaintance's name when you say good-bye.

2. Get Everything on Your List

Make up a story using the items you need — the more absurd and dramatic, the better, says neurologist Majid Fotuhi, M.D., medical director of the Neurology Institute for Brain Health and Fitness in Baltimore. "A chicken was eating cornflakes when a car burst through the wall. A monkey was driving, throwing oranges out the window; he honked wildly as he drove off a cliff into a lake filled with milk ..." The narrative will take you from item to item until you reach the end of your list.

3. Recall Online Passwords

Computer experts have a variety of tricks for this. One good one: Create a template that you personalize for each site. For instance, you might start with a word-number combo that's meaningful to you — say, Binky11, the name of your first dog and your age when you got him. Tack on the initials or first two letters of the website that needs a password: FN for First National Bank, for instance. You'll remember but a hacker will never guess.

4. Find Your Keys

Sometimes a good memory has more to do with organizational skills than brainpower. If you regularly find yourself searching for your keys, put a basket in the entryway by the door or mount a hook on the kitchen wall. Toss your keys or hang them up as soon as you get home. Routine is a friend to memory — every time you get the keys from the basket, you reinforce the critical neural connections in your brain.

5. Come Up With the Movie

Chances are you've experienced the "tip of the tongue" phenomenon, in which you know the name of the movie or the word you want but can't quite recall it. Take advantage of the fact that your brain files memories into "neighborhoods," says psychiatrist Small. Can you call up the star of the movie? Use that for a mental picture that will bring up the movie's name next time you want it. Small thinks of Jeremy Irons playing dead with a bunch of rings on his fingers — and no longer forgets *Dead Ringers*.

6. Know Where You Parked

Use psychiatrist Gary Small's look-snap-connect technique to keep from wandering around the mall's parking lot searching for your car. Step 1 happens as soon as you park: Look to see what section you're in. Step 2: Create a mental snapshot. If you're in section 3D, imagine three dogs chasing each other around your car. Even simpler: Repeat the section number aloud a few times. Using multiple senses (speaking, hearing) helps cement the memory. "The biggest reason we don't remember is that we don't pay attention," Small says.

7. Never Miss a Birthday

Sure, you can use mental strategies to help track friends' birthdays, but sometimes it makes sense to use technology as part of your memory bank. Facebook will send you an email every weekend reminding you of coming birthdays: Go to the Accounts Notification page to opt in. Under the "Facebook" section, click "Show More," then turn on "Has a birthday coming." Similarly, use your phone's calendar to set up an alert for appointments — you can set it for the morning of the appointment or a short time before it.

SILVER CITY PRAYER GROUP MARCH MEETING DATES AND PLACES (Meets at 8:30 unless noted otherwise)

March 4 — First Presbyterian Church
March 11 — New Hope Fellowship
March 18 — Brewer Hill Baptist Church (Breakfast at 8:00am)
March 25 — New Life Family Fellowship

FIFTH SUNDAY BRUNCH

March has five Sundays, so March 30th will be a combined 9:30 service followed by a Parish potluck. Bring your favorite dish to share and come visit with your church family!


MARCH LAY READER AND ACOLYTE SCHEDULE

DATE	LAY MINISTERS	GREETERS	ACOLYTES	SUNDAY SCHOOL/ NURSERY
MARCH 2 8:00 AM 10:30 AM	Karisse Moore Pat Brown Joe Pidutti	Jennifer Melon	Stephanie Ortiz Gabriella Ortiz Ana Ortiz Tony Guck	9:15 AM Adult Kerygma Class 10:30 AM Youth Sunday School Nursery: Karisse Moore
MARCH 9 8:00 AM 10:30 AM	Karisse Moore Carol Coon Lector: Sara Boyett Mary Ihlefeld	Mitzi Roberts Marianne Bray	Linda Richter Lexie Ortiz Danielle Ortiz Adrian Melon	9:15 AM Adult Kerygma Class 10:30 AM Youth Sunday School Nursery:
MARCH 16 8:00 AM 10:30 AM	Karisse Moore Mary Harrell Jane Bates	Dave & Pam Kuthe Jennifer Melon	Win Taylor Carol Coon Linda Shay Stephanie Ortiz	9:15 AM Adult Kerygma Class 10:30 AM Youth Sunday School Nursery: Karisse Moore
MARCH 23 8:00 AM 10:30 AM	Linda Shay Linda Shay Lector: Sherry Terrazas Win Taylor	Suzanne Parham Jennifer Melon	Tony Guck Ana Ortiz Lexie Ortiz Linda Shay	9:15 AM Adult Kerygma Class 10:30 AM Youth Sunday School Nursery: Holly Peterson
MARCH 30 9:30 AM COMBINED SERVICE	Pat Brown Joe Pidutti	Sherry Terrazas & Betty Gnader	Adrian Melon Stephanie Ortiz Gabriella Ortiz Carol Coon	9:15 AM Adult Kerygma Class 10:30 AM Youth Sunday School Nursery:
APRIL 6 8:00 AM 10:30 AM	Karisse Moore Pat Brown Joe Pidutti	Jennifer Melon	Linda Richter Ana Ortiz Danielle Ortiz Win Taylor	9:30 AM Youth Sunday School Nursery: Karisse Moore


Lay Readers, please note: the reader listed first will read the first lesson

Eucharistic Visitor Schedule	
March 2—Sarah and Anthony Guck	The first Eucharistic Visitor listed is lead. If you cannot serve on the day scheduled, please contact Mary Harrell or Father Paul.
March 9—Griffon Campbell and Karen Morant	
March 16—EV Training after 10:30 service	
March 16—Linda Shay and Mary Harrell	
March 23—Dora Somerville and Eduardo Arguello	
March 30—No visits this Sunday = "Faith Dinner"	

HAPPY BIRTHDAY	28	Ray Jewell
March	29	Rosalie Baker
3		Sarah Guck
17		Karen Barnes
22		Ron Oglesby
23		Beverly Redwine
27		Nancy Wyatt
28		Fr. Paul



HAPPY ANNIVERSARY	
March	
7	Dennis Much and Brian McHugh
18	Barry and Margo Rimmel
29	Howard and Mary Harrell



<p>Do you have a birthday or anniversary in March but don't see your name here? Please call Cherie at the office, 538-2015, and get her to update the database to reflect your info.</p> <p align="right">Thanks!</p>	<p>PRAYER FOR SNOW OR RAIN</p> <p>O God, in Whom we live and move, and have our being, grant us moisture as rain or snow, in due abundance, that, being sufficiently helped with our present needs, we may the more confidently seek to build your Kingdom. Through Christ, our Lord. Amen</p>
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