

THE CALL  JANUARY 2013

MESSAGE FROM THE PRIEST

Almost 20 people gathered for our Advent Retreat on the evening of December 16th. Shirin McArthur led us through a number of exercises focusing on the Nativity through the eyes of Mary. We all more than enjoyed it. I was feeling tired from all the activities at church, and I found it deeply renewing. I don't think I was alone.

We are all feeling renewed, I believe. Life at Good Shepherd is good, and we are all grateful for each other, the good things we are doing, and God's blessing on our efforts. We are grateful for the way God's people are being the vehicle for God's provision for God's vision of our work. We are grateful for the coming year and what it promises.

I am particularly grateful for the appetite our community has for prayer and the spiritual life. I have long believed that our action in the world must spring from our life of prayer or it is only beating the wind. We ARE doing great things in the world, and it IS rooted in our life of prayer—witness the Advent Retreat.

So as we move into the promise of the Year of Our Lord 2013 I invite us to do it praying. In all the "stuff" we do (which is all good and right) let us keep in mind that our service to the world is feet on our prayer, it is our hands and our hearts at prayer, it is rooted in God's love for us, our love for one another, and our love for our neighbors and our love for all of God's creation.

Happy 2013 to you all!

Paul+

MESSAGE FROM THE SENIOR WARDEN

New Year's greetings – I hope that 2013 brings health, happiness, and fulfillment to everyone in the Good Shepherd family. For our church, I hope and expect a full and exciting year, perhaps taking us in new directions, maybe even challenging long-held assumptions and traditions, and bringing unexpected surprises.

Treasurer Betty Himes and the Finance Committee are working on a 2013 budget. At this point, it's 'nail biting' time, but I have faith that we will have adequate commitments from all of you to enable us to formulate a realistic budget. Thanks to all who have renewed or increased your pledges. Your generosity reflects the importance of faith in your lives.

This year the Feast of the Epiphany falls on Sunday, January 6. The Annual Epiphany Tea will be held at the home of Carol Barrington in Indian Hills.

On the following Sunday, January 13, we will hold a combined 9:30 am service, followed by the parish Annual Meeting. Canon Kathy McNellis, whose visit was originally planned for December, will join us that Sunday. Canon Kathy also will be conducting a retreat with Vestry and Fr. Paul on Saturday, January 12.

The AfterSchool program resumes on January 16, and will mainly be held once per month through the rest of the school year. Fr. Brian McHugh leads Vespers every Tuesday at 5:30, Taize continues on the second Fridays, and the Wednesday noon service followed by lunch is Good Shepherd's best kept secret (check it out!). Ash Wednesday will fall on February 13.

As I prepare to transition to our new home in Albuquerque, I thank you all for your help and faithfulness. I have been privileged to be able to serve Good Shepherd.

In Christ's service, Anne McCormick, Senior Warden

THERE'S BEEN A CHANGE!

The **Gift and Booknook** in the Parish Hall has now been changed to **A Bit of the Bazaar!**

Shopping at the Bazaar and 'after' the Bazaar has been very popular for both the church membership and the wide variety of community people who use the Parish Hall during the week. There will still be books in the display case, and we will still 'special order' any book you want, but we will now also have an ever-changing array of Bazaar items available for purchase. A 'little bit' of the Bazaar all year long!



CHRISTIAN FORMATION
January 2013



PREPARE for Epiphany...

1. Adult and Children/Youth SUNDAY SCHOOL

The Adult Sunday School class will resume in January. This Kerygma class will continue their study and meets in the Parish Hall at 9:15 a.m. with Fr. Gene and Deacon Tom as the leaders.

Children/Youth Sunday School meets at 10:30 a.m. during the second service. The children come upstairs to fellowship with the congregation for communion.

2. NURSERY

Nursery is offered at 10:30 a.m. and will be available for any child not able to sit through the Sunday Service. The Nursery volunteers are members of the Church who volunteer for one Sunday each month. We **thank them** for their involvement and dedication to our little ones.

3. Follow-up to Christmas:

A big **"Thank You"** to all who helped with the Family Christmas Eve Mass. It takes a group effort to plan and execute this special service and so: **thank you to all who served and to all who attended!**

PARISH HEALTH CORNER

This article is for information only and is not intended to replace evaluation, diagnosis, and treatment by your health care professional.

NOT ALL HO HO HO

While we would like to think that the Christmas Season is filled solely with warm fuzzies, often people are surprised to find they have feelings of sadness or disappointment. Unless the affect continues for a long time, it probably is not true depression. However, if you notice a persistent change in behavior or thinking in friends or family, check to see if it is a form of dysthymia.

Depression comes in various forms and to varying degrees. Some people notice physical symptoms or have trouble with their normal daily activities. In severe cases someone may feel like life is not worth living. The holidays can intensify a depression that had been there in a subtle form. Some people who have Post Traumatic Stress Disorder can experience an exacerbation of their symptoms.

Children and teens also can suffer from depression, so don't rule out depression as a diagnosis simply because of young age. Depression in older persons may go undiagnosed because they think their symptoms (fatigue, decreased appetite, sleep problems) are normal in aging.

If symptoms such as isolation, suicidal thoughts or irritability continue over an extended period of time, seek help from a professional. Treatments can include medication, counseling, and new therapies such as transcranial magnetic stimulation.

HAPPY BIRTHDAY
January

- 1 Susie Trujillo
- 6 Jane Bates
- 6 Pam Kuthe
- 8 Dale Giese
- 10 Marjorie Harrison
- 13 Bruce Tolhurst
- 12 Paddy Kuehnlentz
- 16 Pat Hamilton-Brown
- 17 Mick Coon
- 19 Kate Boyce
- 20 Linda K. Jones
- 21 Heather McClaren
- 25 Cecilia Bell
- 28 Dorothea Carter
- 30 Matthew Morant
- 30 Linda Richter
- 31 Josiah Guck



EPIPHANY TEA

The Annual Epiphany Tea will be held on Sunday, January 6th, from 3:00 - 5:00 pm at the home of Carol Barrington, 4587 Shadow Mountain Road here in Silver City. Please bring your favorite appetizer or dessert to share and join us for great food, fellowship and some favorite hymns.

As parking is limited, we will again have valet parking. Carol lives in Indian Hills; drive out either Swan or Little Walnut and turn onto Cain Drive. Turn onto Grandview, go almost to the top of the hill and turn left onto Shadow Mountain Road. There are two of the silver cluster PO mailboxes at that corner. Come all the way to the end of the pavement and you will find our "valet" waiting to bring you the rest of the way and then park your car for you. There will be red bows along the way on Shadow Mountain. Call if you get lost - 538-9471.



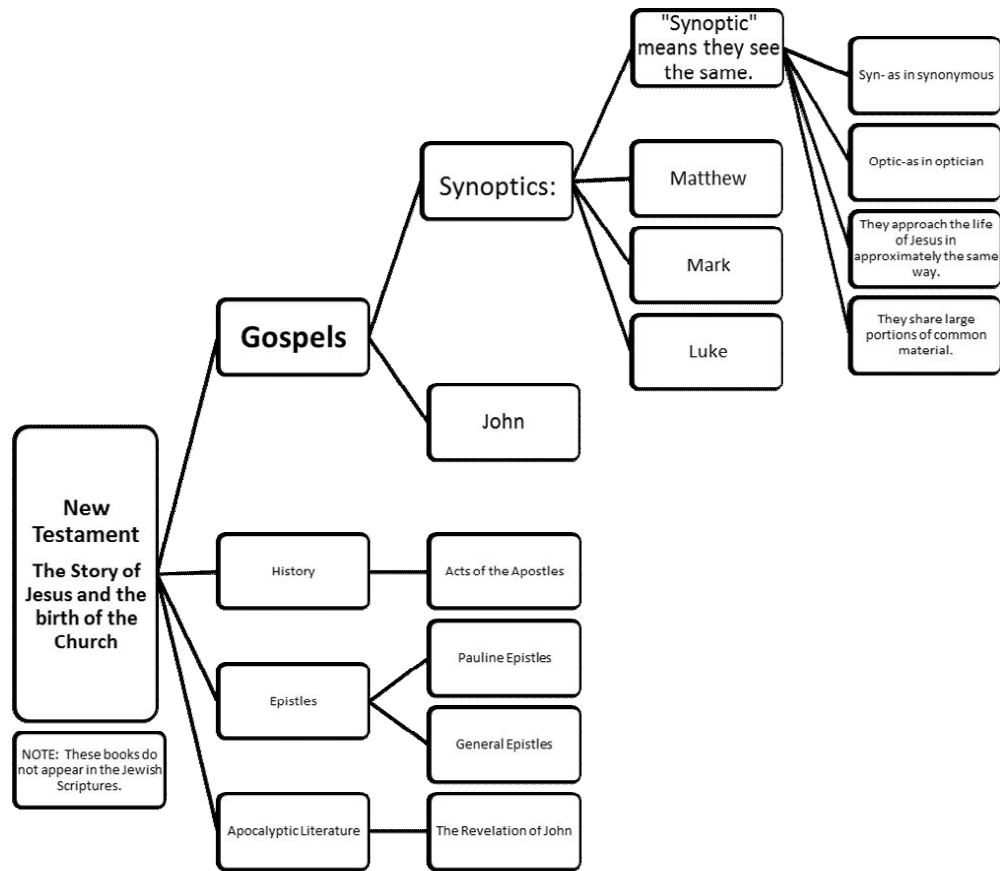
HAPPY ANNIVERSARY
January

- 1 Harold & Marianne Bray





The Bible for Dummies...the Organization of the Bible in graphic form, coming to you in monthly installments in the Evangel...



SCHOOL PROGRAM

AFTER

The Christmas Party After School Program on Dec 5th was a wonderful success! So many people gave of their time and talent; it was truly a blessed event. We had so many contributions of food and presents...it's hard to remember them all! But let's try...

To Shirley Parotti and her luncheon group, the Wacky Club, for donating 25 books, Letters from Ozo, written and illustrated by Bill Armstrong. We are very grateful to the Wacky Club for this, and for their donation of \$100.00 to our After School Program. Thanks!

For Margarita Silva-Potts who not only provided the snack, as she does every After School Program, but also donated apples, oranges, and mixed nuts to each of our 30 bags of presents for the kids. Thank you Margarita!

For Mary Harrell who gave of her time in presenting a great, how to make pinecone Christmas trees, art project. She made jingle bell necklaces for all the kids and grown-ups as well as giving nerf footballs as presents to our after school program kids. Thanks Mary!

For Fr. Brian McHugh who spent hours baking six-dozen (that's right, 72) holiday cookie cut outs for the kids to decorate. He also brought two delicious cakes he made for the after school program. Thanks Fr. Brian!

To Tom and Consuelo Hester, who both contributed two large Enchilada trays and Mexican rice that were, dare we say, awesome!

For Jane Bates who whipped up some fabulous green, red, and white icing for the kids to use on the cookie cut outs. She brought glitter, sprinkles and oh yes, who could forget the M & M's. Thank you Jane!

Thanks to Linda Shay, who coordinated this meal even though she could not attend. Linda co-plans all the wonderful meals for the After School Program, with Jane Bates. And is in charge of creating the menus. Thanks Linda.

Karen Morant donated games, stuffed animals, and candy towards the presents for these kids. She even brought the yummy, fresh vegetables for our Mexican dinner, and stayed to help the kids decorate cookies.

Thanks to Sarah Guck, for giving a wonderful chapel. Anne McCormick, Tony Guck, Diane Armstrong thanks for all your help. To Dave and Pam Kuthe, thanks for tutoring our after school kids. And anyone else I may have forgot to mention, Thanks@!

Deacon Tom Bates donated candy, stuffed animals, and gift bags towards the presents. Our Deacon also donates an untold amount of hours towards overseeing this great project of ours, the After School Program, and we sure do thank him for it. Without Deacon Tom, this program would surely, not exist.

And thanks to Fr. Paul Moore. Fr. Paul blesses our after school program with guidance for the children, chapel time, and speaks Spanish with many of our non-English speaking parents. Thanks to Fr. Paul, we look forward to an even greater participation from our kid's families. For Christmas he dressed in a red chasuble, as St. Nicholas, sang Christmas songs, and handed out presents with Deacon Tom. Thanks Fr. Paul.

The Church of the Good Shepherd sure portrays the spirit of giving in its After School Program. Thanks for this, most won-

JANUARY LAY READER AND ACOLYTE SCHEDULE

DATE	LAY MINISTERS	GREETERS	ACOLYTES	SUNDAY SCHOOL/ NURSERY
JANUARY 6 8:00 AM 10:30 AM	Karisse Moore Pat Brown Joe Pidutti	Barry Rimmel Margo Rimmel	Sarah Guck – Team Leader Kate Boyce – Crucifer Tobias Guck Autumn Laws	9:15 AM Adult Kerygma Class 10:30 Youth Sunday School Nursery: Heather McClaren
JANUARY 13 9:30 AM	Linda Shay Lector: Paul Sherrell Nancy Pidutti	Mitzi Roberts Marianne Bray	Linda Shay Carol Coon Win Taylor	9:30 Youth Sunday School Nursery: Carol Barrington
JANUARY 20 8:00 AM 10:30 AM	Karisse Moore Carol Coon Lector: Sara Boyett Mary Harrell	Dave & Pam Kuthe Dick & June Rhoades	Haley Baxter Jacob Baxter Linda Shay	9:15 AM Adult Kerygma Class 10:30 Youth Sunday School Nursery: Karisse Moore
JANUARY 27 8:00 AM 10:30 AM	Anne McCormick Linda Shay Mary Ihlefeld	Dora Somerville Dora Somerville	Linda Shay Carol Coon Linda Richter	9:15 AM Adult Kerygma Class 10:30 Youth Sunday School Nursery: Holly Peterson
FEBRUARY 3 8:00 AM 10:30 AM	Karisse Moore Pat Brown Joe Pidutti	Barry Rimmel Margo Rimmel	Sarah Guck – Team Leader Kate Boyce – Crucifer Tobias Guck Autumn Laws	9:15 AM Adult Kerygma Class 10:30 Youth Sunday School Nursery: Heather McClaren

Lay Readers, please note: the reader listed first will read the first lesson

